

RAHAMIM AND FACE RETREAT: RAINFOREST RE-AWAKENING

Wednesday 23 - Friday 25 July, 2019

Goals:

To explore our ecological identity and by deepening our appreciation of Earth's beauty, hearing Earth's cry, and bringing forth our imaginative responses (personal, organisational and communal) to the challenges of our time and our place.

This retreat will immerse us in the wonder of universe story, and in natural places of beauty and ancient wisdom of global significance. Participants will be drawn to experience deep gratitude for Earth's gifts, to know Earth's pain, and to see with new eyes before going forth.

Day 1: Tues 23 rd July	Program
5pm	Participants arrive and check in
6pm	Dinner
7.30-9.30pm	<u>SESSION 1</u> : Welcome to the retreat, Acknowledgement of Country, Introductions, Orientation to retreat goals
Day 2: Wed 24th July	
6.15am	Optional Waiting for Dawn Ritual
7-8am	Breakfast
8.30am	Ritual body prayer outside <u>Session 2: "Gratitude"</u>
11am	MORNING TEA
11.30am	<u>SESSION 3</u> : Our Sacred Story
1pm	LUNCH
2pm	<u>SESSION 4: Bus to Cairns Botanic Gardens</u> <ul style="list-style-type: none"> • Rainforest Boardwalk and Gondwanan Evolution Garden – immersion in place • Red Arrow Walk (optional)
3.50pm	Afternoon tea (option to visit Cairns Cathedral)
5.00pm	Travel back to Seville – Free time
6.30pm	Dinner
8.00pm	<u>SESSION 5</u> : Evening Ritual

**Day 3: Thurs
24 July**

6.15am	Optional Waiting for Dawn ritual
7.00-8.00am	Breakfast
8.30am	Ritual body prayer
9.00am	<u>SESSION 6</u> : Knowing our Pain
10.30 am	Morning Tea
11.00am	<u>SESSION 7</u> : Grieving Earth's Destruction
1pm	Lunch
2pm	<u>SESSION 8</u> : Seeing with New Eyes
4.00pm	Time to rest – Personal Time
6.30pm	Dinner
7.30 – 8.30pm	<ul style="list-style-type: none">• Contemplative evening session• Evaluations

**Day 4:
Fri 25 July**

6.15am	Optional Waiting for the Dawn Ritual
7.00-8.00am	Breakfast
8.30am	Concluding Ritual
9.00am	FACE AGM
12.30pm	Lunch