



Stage 1 - Anger

"WHAT!!! After the summer we just had?"



Stage 2 - Anxiety

"Mate, have you read the news?"



Stage 3 - Loving It

"I'm loving it, I'm doing online yoga classes whilst I wait for my sourdough to rise, zoom drinks with the gang on Fridays, who knew jigsaws were so much fun"



Stage 4 - Anxiety 2.0

"Yeah, nah, that isn't a second wave, is it? Shit. Shit. Shit."



Stage 5 - Anxiety 3.0

"Only crazy people would stock up on toilet paper. What these? Oh nothing, just a couple of extra cans of food, pastas, flour."



Stage 6 - Isolation

"Guys, hey guys, seriously I'm right here guys, we're still cool, guys? Hey can you just give me a little bit of help here? Guys?"



Stage 7 - Online Shopping

"I'm not saying I didn't buy a plant skeleton..."

"



Stage 8 - Frustration/Fatigue

"No, no, no, I don't care that Becky wants to zoom drinks again, I've had enough. No more, never again, I hate zoom."



Stage 9 - False Hope

"Dear Dan and Brettie, I have been good, my friends have been good, yes I know that the numbers don't look so good but please, please, please, let us open up a little bit more???"



Stage 10 - Bored, Flat, Depressed

"Yes I get it, we've come this far, and yes it makes no sense to open if there is still active cases but....."



Stage 11 - Hope

"Are you saying that I can go on the slide? And the swing? And climb the tower? And play with other kids? Omgomgomgomgomg!!!"



Stage 12 - Coming soon

Re-emergence

The 12 Stages of Melbourne's Coronavirus

Dear Melbourne

We have put our collective medical minds together to portray the 12 steps of covid.

Warm but not febrile regards



[The Neighbourhood Clinic](#)

PS It's been a rough few months but we are almost out the other side... well done everyone!